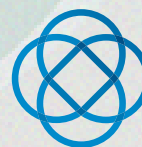




MENTORSHIP PROGRAM

A PRESENCE FOR ALL



CENTRE FOR THE
PREVENTION
OF RADICALIZATION
LEADING TO VIOLENCE

The “A Presence for All” mentorship program is an initiative of the Centre for the Prevention of Radicalization Leading to Violence (CPRLV). It is an adaptation of the mentorship program implemented since 2012 by the municipality of Aarhus in Denmark. Based on the principles of “life psychology” and a holistic approach, this program aims to offer alternative ways to support individuals concerned by multiple challenges associated with radicalization.

Like the Aarhus program, mentorship programs implemented in the field of the prevention of radicalization intend to address risk factors encountered by some people during their life course (i.e. absence of significant others, identity fragility, need of belonging, engagement in a negative social network). They also aim to strengthen several protective factors related to the dynamics of radicalization leading to violence (i.e. significant relationship with a positive model, trust building with others, diversification of one’s social circle, and prosocial reorientation of feelings of injustice or oppression).



MENTORING CAN THUS HAVE A VARIETY OF POSITIVE EFFECTS ON MENTEES :

- + Motivation and opportunities for positive change ;
- + Reflexivity and introspection on one’s personal journey and aspirations ;
- + Strengthening social skills, and individual resilience to polarizing and/or extremist content ;
- + Development of a meaningful life project in harmony with collective values ;
- + Participation in the everyday cultural, social and societal life.

Our program : *A presence for all*

THE OBJECTIVE OF CPRLV'S MENTORSHIP PROGRAM "A PRESENCE FOR ALL" IS to address personal, social, religious, political, identity or ideological grievances through prosocial means of engagement. Thus, the program does not mean to counter any ideological affiliation, political/religious orientations or personal beliefs, but aims at supporting individuals who might experience personal issues causing them to turn into extremism or hatred.

"A Presence for All" mentorship program intends to build a relationship between a person and an adequately trained mentor who can act as a significant adult, considering the interests and personality of both mentees and available mentors. Accordingly, the mentor/mentee relationship must allow the establishment of a climate of trust and exchange, allowing the mentee to benefit from listening, support and sharing experience from a caring and supportive mentor.

The "A Presence for All" mentorship program will be deployed starting in 2021 in Montreal and the greater Montreal area, in Quebec City, Gatineau and Sherbrooke.

Program structure

THE MATCHING BETWEEN A MENTOR AND A MENTEE IS NOT A NATURAL PROCESS. THEIR RELATIONSHIP MUST BE ONE OF MUTUAL RESPECT AND RECIPROCITY. To ensure that mentor/mentee relationships are carried out appropriately and positively, the CPRLV will supervise the entire mentoring process, from the initial introduction between the mentee and the selected mentor to the follow-up of each "duo."

A first meeting in the presence of a CPRLV professional will take place between the mentee and the selected mentor to initiate the mentoring process. During the first meetings, the mentor and mentee will have the opportunity to define together the objectives and skills to be developed, as well as the type of activities or projects to be carried out. Subsequently, follow-ups will be carried out on both the mentee and mentor sides to ensure that the link established between each "duo" runs smoothly.

Become a

BECOMING A MENTOR OFFERS THE OPPORTUNITY TO ESTABLISH A MEANINGFUL, AUTHENTIC AND LASTING RELATIONSHIP DURABLE

with young people and adults with concerns about their place and the place of others in our society, their identity, or various contemporary political and social issues. In addition to offering a positive model of engagement and social affiliation, it is also an opportunity to share life experiences with participants living stigmatization, discrimination or marginalization.

The mentor's involvement in the mentorship program is on a volunteer basis (except for costs associated with activities or transportation, which will be reimbursed after approval by the CPRLV). Mentors must be able to make a long-term commitment and for a minimum period of six months. The involvement with the mentee must be sincere and sustainable, with a time spent of at least 2 hours per week.

mentor ?

To become a mentor, you must complete mandatory training offered by the CPRLV. It is divided into an initial 3-hour session on radicalization and violent extremism conceptual basics (date to be confirmed), a second 3-hour session on the principles of intervention and mentoring offered in partnership with the YMCA (date to be confirmed) and three half days on the approach to life psychology and the foundations of the Aarhus mentorship program offered by Dr. Preben Bertelsen, Professor at the University of Aarhus in Denmark (sessions scheduled for December 14, 15 and 16 2020 from 8 a.m. to 1 p.m.). Due to COVID-19, all the trainings will be offered by videoconference.

All our training courses are free and will be certified.

Submit your application



THE CPRLV IS LOOKING FOR A VARIETY OF MENTORS WITH VARIOUS PROFILES, BACKGROUNDS, LIFE EXPERIENCES AND SKILLS.

So, if you are 18 years old and over, if you are looking to get involved, if you want to make a difference in the other's lives, apply to become a mentor in the "A Presence for All" mentorship program by filling the following form:

For any questions, call 514 582-0906 or write to the following address:
mentorat@cprmv.org