

## Who are we?

The CPRLV is a non-profit organization independent of all government agencies. Its aims are to prevent acts of violent radicalization, and to provide support to organizations, individuals affected by this issue and their families.

The CPRLV has developed prevention, intervention and training programs to help you cope with any type of situation involving radicalization, and to provide you with support, whatever your needs may be.

# What happens if I contact the centre?

A specialist will call you back within 48 hours to discuss your concerns and needs, to meet with you, and to establish an intervention plan if required.



#### 24/7 HELPLINE

Montreal area: **514-687-7141** Elsewhere in Quebec: **1-877 687-7141** 

#### **IT'S CONFIDENTIAL !**





info-radical.org



CENTRE FOR THE **PREVENTION** OF RADICALIZATION LEADING TO VIOLENCE

# A DOUBT? A CONCERN?



# What is **radicalization** leading to violence?

Radicalization leading to violence is a process through which people adopt extremist belief systems—including the willingness to use, encourage or facilitate violence—designed to promote an ideology, political project or cause as a means of social transformation.





There is no typical profile. Each situation is unique. However, if changes in the behaviour of one of your family members or close friends worry you, that is sufficient reason to ask for help or advice.

### Examples of worrisome changes in an individual's behaviour:

- Becomes **suddenly disinterested** in professional or school activities
- Consolidates his thoughts by regularly consulting violent extremist forums or websites on the Internet
- Becomes closer to individuals or groups known to be violent extremists
- Cuts off ties with family members and/or close friends in order to keep exclusive company with a new circle of acquaintances or friends
- Justifies the use of violence in defence of a cause or ideology.



If you believe the individual presents an immediate danger to himself/herself or others, call 911 What should I do if one of my family members or close friends worries me?

- Encourage the person to talk to you without making him/her feel guilty.
- Listen without passing judgment on the person's needs, beliefs, ideals... in order to stay connected.
- Adopt a non-punitive attitude (for example, do not forbid the person to have Internet access, do not ground him/her, etc.), so that the person does not withdraw into himself/herself.
- Remain vigilant and get help from CPRLV support staff; they will advise you and offer you support tailored to your needs.
- **Don't blame yourself.** Many people in the entourage of radicalized persons never saw it coming.

WHAT SHOULD I DO IF A LOVED ONE JOINED A RADICAL GROUP OR WANTS TO LEAVE IT ? ASK FOR SUPPORT FROM THE CPRLV.